

WHAT IS **WALKINGSPREE?**

Walkingspree is an app that automatically syncs your steps, tracks your goals and provides motivation and encouragement. Connect your wearable device and/or smartphone and easily participate in fun challenges throughout the year!

Join your colleagues in the fun and let Walkingspree help you get rewarded for healthy behaviors!

WELCOME TO WALKINGSPREE

Keep an eye out for fun challenges throughout the year!

REGISTER TODAY!

- 1 Download the Walkingspree App from the Google Play or App Store
- Enter the company name State of Colorado Redemption Code: STATEOFHEALTH
- 3 Register with your work email address
- 4 Connect your device and/or smartphone
- 5 Select your agency in the "select walking team" drop-down area











