LifeHealth® Good health is good business



Wellness Portal User Guide

How to Register for Wellness Services



STEP 1:

Go to the LifeHealth Wellness Portal

https://signup.lifehealthevents.com

- If this is your first time using • the portal, enter your preferred email and click "Get Started".
- If you already have an account or have attended a LifeHealth Wellness event, enter the same email used previously.
- If you're unsure you already • have a LifeHealth portal log-in, please contact LifeHealth at 303-730-1902 and ask for Worksite Wellness or email wellness@lifehealthcorp.com.





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CREATE NEW ACCOUNT LOGIN

LifeHealth supports a strategic approach to health and wellness. We work across the care-continuum, from clinical case management to wellness. LifeHealth has extensive



STEP 2 – New Users

Create an account.

- To create your LifeHealth account, enter your login information, company code, accept the terms and conditions, and click "Sign in."
- **Note:** The email you provide ulletwill be used for all event notifications, such as appointment confirmations, results uploads, cancellations, and updates. Each account is linked to a single email. If multiple household members are creating accounts, each must use a different email address.

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STEP 2 – Returning Users

Sign-In.

- Enter the email and password • you have on file for your LifeHealth account and click "Sign in".
- If you forgot your password, click the "Forgot your password?" option above the Sign In. You will be prompted to re-enter your email for a reset password link.



Sign in to your account

Or need to create an account?

Email Address erin.shipton@lifehealthcorp Password

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STEP 3 – Dashboard

Wellness Service Selection

- View available Wellness Services Options that your company is offering from your Dashboard.
- To view Onsite Services select "Events" in the sidebar navigation pane.
- You can also access these events by selecting the "Explore Wellness **Options**" button.



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STEP 3 – Wellness Services

Available options under "Explore Wellness Options"

- Service options that are available through your employer will be listed here. You may have the option to participate at an Event or via a remote screening service, such as a Lab Voucher.
- You will not be able to register for both an onsite event and a remote service option.
- If you need to switch to a • different service delivery, you need to cancel your current selection.

Wellness Options Dashboard > Wellness Options **On-site Options** event. Find an Event

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Schedule an in-person health screening or vaccination at an on-site



Voucher (LabCorp)

The pre-paid voucher authorizes LabCorp staff to perform your biometric screening. After you order your voucher, click "download your form here" for further instructions.

Order a Voucher

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Voucher participants skip to page 12.



STEP 4 – **Events**

Event Selection

- Select "Find an Event" to browse scheduled events.
- Select the event you would like to attend by selecting "Details"
- Please note: you will be unable • to register for an event if Registration is Closed, or the Event is Full



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STEP 5 – Event Details

Confirm Event Selection

- Select the services you would like to register for by clicking the **"+"**.
- Click "Next" to confirm your selection.



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STEP 6 – Schedule Time

Appointment Selection

- Select your preferred wellness screening appointment time from the drop-down menu.
- Enter and or confirm all profile • details. Please note: all required fields are noted with an *.
- Select "Next" at the bottom of the screen.



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STEP 7 – Confirm

Review Appointment Selection

- Confirm all profile and appointment details look correct.
- Select "Schedule my Appointment"



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Please review your appointment details be Appointment Details	elow and schedule before time runs out. You Date Monday, 08/29/2022 Time(s) 10:00 AM Skin Cancer Screeni	r appointment is not so	cheduled until you click "schedule my appointment Location Main Office ♥ 5951 S Middlefield Rd Littleton, CO 80123 Room Butternut Room	t."			
Personal Details	First Name Wellness Participant Nickname Sex F	Middle Name Birthdate 10/29/1992	Last Name Demo SSN ***_***_0000				
Contact Information	Email keri.kopchik@gmail.com	Phone 3039081383	Address 7579 W Portland Ave Littleton, CO 80128				
Employment Details	What best describes you? Employee						



You are Scheduled!

Confirmed appointments

- You will receive this screen when your appointment is scheduled.
- To view your appointment, go to "My Appointments" in the navigation pane.
- To cancel your appointment, select the "Cancel" button.
- To reschedule your appointment, cancel your confirmed appointment, and return to the "Events" page to select an available appointment time.



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DATE/TIME	SERVICE(S)	LOCATION	
9/26/2022 2:00 PM	Skin Cancer Screening	Main Office Q 5951 S Middlefield Rd Littleton, CO 80123 Room: Butternut Room	Cancel
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STEP 3 – Wellness Services

Available options under "Explore Wellness Options"

- To order a Voucher, please select the Order a Voucher option.
- You may not see any available On-site Options, depending on the services available in your program.

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health screening or vaccination at an on-site



Voucher (LabCorp)

The pre-paid voucher authorizes LabCorp staff to perform your biometric screening. After you order your voucher, click "download your form here" for further instructions.



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STEP 4 – Order a Voucher

Complete your profile information.

- Complete your profile information and make sure everything is correct.
- Click "Submit Order" to finalize • your voucher order.



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Order Biometric Screening (Remote) Voucher

Dashboard > Wellness Options > Order Wellness Form

	Legal First Name*	Middle Name	Legal Last Name*
Confirm Personal Details	WTO		Demo
	Birthdate*	Last 4 of your SSN*	Sex*
	01/01/2000	0126	Female
	Email	Phone*	
	demowto@lifehealthcorp.com	1234567890	
	Address Line 1*	Address Line 2	City*
Contact Information	5951 S Middlefield Rd		Littleton
	State*	Postal Code, only first 5 digits*	
	Colorado ~	80123	
	Submit Order		
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STEP 5 – Questions

Answer the Personal Health Questions and download your form.

- You do not need to bring a physical voucher with you to your appointment at LabCorp. However, you may download a physical copy of the voucher to print if you prefer.
- Please take a moment to lacksquareanswer the personal health questions. These will never be shared with your employer.
- Click "Submit" when you are finished.



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Order Biometric Screening (Remote) Voucher

Dashboard > Wellness Options > Order Wellness Form

Thank you for your order. You may download your form here.		
	Do you have or have you ever had:	
	No Answer	○ None
	 Diabetes 	Congestive Heart Failure
Medical History	High Blood Pressure	 High Cholesterol (Lipid Lowering)
	 High Triglycerides 	Low Back Pain
	Asthma	Stress and Anxiety
	 Depression 	
	How would you describe your tobacco u	Jse:
	No Answer	None
Tobacco Use	Cigarettes	Cigar
	Pipes	Smokeless (i.e. chewing tobacco and snut
	Are you currently taking medications fo	or the any of the following?
	No Answer	None



STEP 6 – Final Steps

Schedule a biometric appointment with LabCorp.

- You must schedule a biometric screening with LabCorp to use your voucher.
- Step 1: Find a LabCorp by visiting https://www.labcorp.com/labsand-appointments
 - Make sure to select "Employee • Wellness with Body Measurement"
 - You can schedule your appointment • once you've chosen a location that works for you.
- Step 2: Bring a photo ID to your appointment.
 - Fasting is recommended •

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My Order

BIOMETRIC SCREENING VOUCHER PROGRAM

Thank you for participating in the 2024 Biometric Screening program!

Your venipuncture blood draw and biometric screening will be collected at a LabCorp location. After your sample is processed, your screening results will be uploaded to the LifeHealth Wellness portal. You will be notified via email that your results are available for review and download.

Your pre-paid voucher instructs and authorizes LabCorp staff to perform your biometric screening. No payment is required, and you will not be asked for payment. The voucher is not transferable. You do not need to bring a printed copy of your voucher, just a photo ID with you to your appointment. LifeHealth will submit your voucher inquiry to LabCorp within 1 business day of your request.

HOW TO USE YOUR VOUCHER

STEP 1:

IMPORTANT: On the 'Find a lab Near You' form, enter the address (home or work) you wish to locate the nearest lab facility. In the Select Service option, choose "Employee Wellness with Body Measurement" The "Employee Wellness with Body Measurement" service is required to complete your screening. While most do, not all LabCorp locations offer this option. If there are no locations near you, please contact us to change your method of screening.

Once you locate a convenient location, you will be given the option to make an appointment. Appointments are not required but are strongly encouraged.

STEP 2:

The day of your visit or appointment: IMPORTANT: You do not need to bring a printed copy of your voucher. Please just bring your photo ID. Fasting is recommended 8-10 hours prior to your appointment for the best results; however, fasting is not required. Drink plenty of water and continue taking any prescribed medications. Black coffee without cream or sugar is OK.

Be Well, Worksite Wellness Services Management Team O: 303-730-1902 E: wellness@LifeHealthCorp.com



Find the nearest LabCorp location to your residence by visiting the LabCorp 'Labs and Appointments' Website address: https://www.labcorp.com/labs-and-appointments

Please call or email if you have any questions or would like some assistance!

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Manage

Voucher Results

View in the Wellness Portal.

- Your results will be available in the LifeHealth Wellness Portal within 1 – 3 business days after your completed screening.
- LabCorp will collect your blood sample and your biometric measurements, but all results are handled by LifeHealth.
- You will receive an email from wellness@lifehealthcorp.com notifying you that new results are available to view.



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Results

Dashboard > Results

Search			
Search			
UPLOAD DATE	COLLECTION DATE	SERVICE(S)	
10/02/2023	09/26/2023	Biometric - Venipuncture Expanded + A1c	View Resul
Showing 1 to 1 of 1 res	sults		



CONTACT US

Address:

5951 S Middlefield Rd, Suite 102 Littleton, CO 80123

Phone Number: (303) 730 -1902 – Ask for Worksite Wellness

E-Mail: wellness@lifehealthcorp.com

Website: https://www.lifehealthcorp.com

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